

Green Items = Vitamin A Red Items = Vitamin C Blue Items = Sodium 1000mg		LOLLY HANSEN - SENIOR LUNCH BOX PROGRAM JANUARY 2026 - LUNCH MENU		
			THURSDAY 1	FRIDAY 2
			Lasagna with Italian Meat Sauce California Blend Vegetables Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Chicken Tamales Spanish Rice Cantina Corn with Bell Peppers Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Asian Chicken Steamed Rice Stir Fry Vegetables Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	Salisbury Steak Roasted Carrots Sweet Roasted Potatoes Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk	Beef Ravioli in Pink Sauce Fiveway vegetables with carrots Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk	Glazed Ham Homemade Stuffing Roasted Broccoli Roasted Baby Carrots Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Baked Tilapia Brown Rice Roasted Baby Carrots Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15	FRIDAY 16
Garlic Penne Pasta with Herb Grilled Chicken California Blend Vegetables Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk	Lemon Garlic Baked Cod Wild Rice Stir Fry Vegetables Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Grilled Chicken Strips Red Roasted Potatoes Roasted Broccoli Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk	Quiche Florentine with Vegetable Medley and Ham Broccoli Salad Pineapple 1% Low Fat Milk	BBQ Boneless Ribs Baked Beans Butternut Squash Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
Beef Hamburger on a WG Bun Potato Wedges Peas and Carrots Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk	Gnocchi with Pesto Sauce and Herb Grilled Chicken California Vegetable Medley Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	Crab Pasta Casserole Roasted Broccoli Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Pork Chili Verde Spanish Cilantro Rice Stir Fry Vegetables Applesauce Corn Bread Butter Chip 1% Low Fat Milk	Chicken Stew with roasted potatoes peas and carrots Homemade Corn Bread Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk
MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
Chicken Parmesan Brown Rice California Vegetable Medley Pineapple Whole Grain Roll Butter Chip 1% Low Fat Milk	Herb Crusted Pork Loin Mashed Potatoes Butternut Squash Fresh Fruit Salad Whole Grain Roll Butter Chip 1% Low Fat Milk	Pasta Primavera with Bell Peppers, Broccoli, Tomatoes, Red Onions and grilled diced chicken Roasted Zucchini Cantaloupe Whole Grain Roll Butter Chip 1% Low Fat Milk	Greek Turkey Meatloaf Brown Rice Roasted Baby Carrots Orange Whole Grain Roll Butter Chip 1% Low Fat Milk	Grilled Salmon Roasted Broccoli Scalloped Potatoes Applesauce Whole Grain Roll Butter Chip 1% Low Fat Milk