

Green Items = Vitamin A  
 Red Items = Vitamin C  
 Blue Items = Sodium 1000mg

**LOLLY HANSEN - SENIOR LUNCH BOX PROGRAM**

**JANUARY 2026 - LUNCH MENU**

			<b>THURSDAY 1</b>	<b>FRIDAY 2</b>
			Lasagna with Italian Meat Sauce <color="green">California Blend Vegetables  <color="orange">Orange  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="orange"></color="green">	Chicken Tamales <color="green">Spanish Rice  <color="red">Cantina Corn with Bell Peppers  <color="red">Fresh Fruit Salad  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="red"></color="green">
<b>MONDAY 5</b>	<b>TUESDAY 6</b>	<b>WEDNESDAY 7</b>	<b>THURSDAY 8</b>	<b>FRIDAY 9</b>
Asian Chicken <color="green">Steamed Rice  <color="red">Stir Fry Vegetables  <color="green">Applesauce  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="green"></color="red"></color="green">	Salisbury Steak <color="green">Roasted Carrots  <color="green">Sweet Roasted Potatoes  <color="red">Cantaloupe  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Beef Ravioli in Pink Sauce <color="green">Fiveway vegetables with carrots  <color="red">Fresh Fruit Salad  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green">	Glazed Ham <color="green">Homemade Stuffing  <color="red">Roasted Broccoli  <color="green">Roasted Baby Carrots  <color="orange">Orange  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="orange"></color="green"></color="red"></color="green">	Baked Tilapia <color="green">Brown Rice  <color="green">Roasted Baby Carrots  <color="red">Pineapple  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">
<b>MONDAY 12</b>	<b>TUESDAY 13</b>	<b>WEDNESDAY 14</b>	<b>THURSDAY 15</b>	<b>FRIDAY 16</b>
Garlic Penne Pasta <color="green">with Herb Grilled Chicken  <color="green">California Blend Vegetables  <color="red">Fresh Fruit Salad  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Lemon Garlic Baked Cod <color="green">Wild Rice  <color="red">Stir Fry Vegetables  <color="orange">Orange  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="orange"></color="red"></color="green">	Grilled Chicken Strips <color="green">Red Roasted Potatoes  <color="red">Roasted Broccoli  <color="green">Applesauce  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="green"></color="red"></color="green">	Quiche Florentine with <color="green">Vegetable Medley and Ham  <color="red">Broccoli Salad  <color="orange">Pineapple  <color="green">1% Low Fat Milk</color="green"></color="orange"></color="red"></color="green">	BBQ Boneless Ribs <color="green">Baked Beans  <color="green">Butternut Squash  <color="red">Cantaloupe  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">
<b>MONDAY 19</b>	<b>TUESDAY 20</b>	<b>WEDNESDAY 21</b>	<b>THURSDAY 22</b>	<b>FRIDAY 23</b>
Beef Hamburger on a WG Bun <color="green">Potato Wedges  <color="green">Peas and Carrots  <color="red">Cantaloupe  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Gnocchi with Pesto Sauce <color="green">and Herb Grilled Chicken  <color="green">California Vegetable Medley  <color="red">Pineapple  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Crab Pasta Casserole <color="red">Roasted Broccoli  <color="orange">Orange  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="orange"></color="red">	Pork Chili Verde <color="green">Spanish Cilantro Rice  <color="red">Stir Fry Vegetables  <color="green">Applesauce  <color="green">Corn Bread  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="green"></color="red"></color="green">	Chicken Stew with roasted potatoes <color="green">peas and carrots  <color="green">Homemade Corn Bread  <color="red">Fresh Fruit Salad  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">
<b>MONDAY 26</b>	<b>TUESDAY 27</b>	<b>WEDNESDAY 28</b>	<b>THURSDAY 29</b>	<b>FRIDAY 30</b>
Chicken Parmesan <color="green">Brown Rice  <color="green">California Vegetable Medley  <color="red">Pineapple  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Herb Crusted Pork Loin <color="green">Mashed Potatoes  <color="green">Butternut Squash  <color="red">Fresh Fruit Salad  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green">	Pasta Primavera with <color="red">Bell Peppers,  <color="red">Broccoli, Tomatoes, Red Onions  <color="green">and grilled diced chicken  <color="green">Roasted Zucchini  <color="red">Cantaloupe  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="red"></color="green"></color="green"></color="red"></color="red">	Greek Turkey Meatloaf <color="green">Brown Rice  <color="green">Roasted Baby Carrots  <color="orange">Orange  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="orange"></color="green"></color="green">	Grilled Salmon <color="red">Roasted Broccoli  <color="green">Scalloped Potatoes  <color="green">Applesauce  <color="green">Whole Grain Roll  <color="green">Butter Chip  <color="green">1% Low Fat Milk</color="green"></color="green"></color="green"></color="green"></color="green"></color="red">